The MUSEUM of LOSS and RENEWAL

Residency Programmes
TAKING TIME / PRENDENDO TEMPO
PLACE, PEOPLE AND TIME



COLLEMACCHIA

Collemacchia is part of the parish of Filignano, located in the province of Isernia, in the region of Molise. Filignano's community of c. 650 inhabitants is comprised of the villages and hamlets of Bottazzella, Cerasuolo, Cerreto, Collemacchia, Franchitti, Lagoni, Mastrogiovanni, Mennella, Selvone, Valerio and Valle. Inhabitants are largely tri-lingual Italian-French-English due to the large community of Filignano emigrants who move between Filignano and European cities. Filignano is 1 km from Collemacchia.

Collemacchia is located within Italy's National Park of Abruzzo, Lazio and Molise, a protected area of exceptional significance and beauty. The dry-stone walls lining the local network of ancient paths in the area are unique. The historic towns of Venafro (c. 11,000 inhabitants) and the provincial capital of Isernia (c. 86,000 inhabitants) are respectively 11 km and 30 km from Collemacchia.

ARRIVAL AND DEPARTURE

We look forward to welcoming you to Collemacchia. Please note that the arrival time is from 16:00 and departure time is by 10:00.

Please strip your beds and place all linen in the bath/shower and please make sure you dispose of all rubbish before departure.

COVID

Although there are no covid rules or restrictions in Italy at the moment, residents are advised to bring masks, hand sanitiser and Covid tests.

Testing should be done if any symptoms arise. If symptoms are present, or if testing is positive, The Museum of Loss and Renewal has to be notified immediately.

The Museum of Loss and Renewal does not provide self-isolation accommodation. In the event that self-isolation is required, a resident may have to move to alternative accommodation within twelve hours after testing positive, at their expense.

INSURANCES

Residents should arrange their own insurances.

ACCOMMODATION and WORKING SPACES

The houses L'Angolo and Il Museo are fully equipped including sheets, towels, washing machine, dishwasher, hairdryer, exercise mat, mosquito screens, wifi etc. The tap water is drinking water.

Studios have water, multiple power points, tables, lamps and internet access.

The houses and studios are strictly non-smoking areas.

LIBRARY

The Museum of Loss and Renewal's library is located in il Museo. Subjects covered include art practices, artistic research, design, architecture, curating, collecting, (art)writing, art publishing, walking, art history, art theory, doctoral research methods. There is also a collection of artists' publications, small editions and zines.

Please handle books with care, keep clean and ensure that books do not come in to contact with food and drink.

SAFETY and SECURITY

- Keep house key with you at all times: doors to buildings automatically lock from outside when closed.
- Never leave a key in the lock inside.
- Close windows and balcony doors when leaving the house (flash rains/storms cause flooding inside).
- Lock the doors of the working spaces at night.
- The marble table top in L' Angolo is only resting on the wooden legs: take care.

WASHING and DRYING

Check that the water tap (silver; on wall above machine) is turned to central position. Use economy modes whenever possible.

To dry clothes, hang the drying racks over the outside of balcony railing / stand racks inside.

SHOWERING

For ventilation, open bathroom window before showering. Close window before leaving house.

DISHWASHER

Espresso coffee pots should be washed by hand, and not put in the dishwasher

ENERGY EFFICIENCY

Switch off lights etc. when they are not needed and when you leave the house or studio.

WIFI

Refer to printed information document for the relevant passwords. (Internet in Collemacchia and Filignano can be temperamental)

POWER CUT

In the event that the electricity supply shuts off, e.g. during thunder storm, wait a few minutes then reposition the circuit breaker (salva vita) switch. The switches are located near the front door inside the houses/studios. The switches on the metre box (high on wall) should be in the 'up' position, and the switches on the panel (chest height) should be in the 'up' position.

FIRST AID KIT

The first aid kit is stored in a drawer in the kitchen.

CENTRAL HEATING

The central heating instructions are stored in a drawer in the kitchen.

CLEANING

The accommodation and studios will be professionally cleaned before and after your stay.

- Keep spaces clean and tidy during your stay.
 Ensure that food residue is not left on floors/surfaces overnight.
- Never use any cleaning products containing bleach (candeggina).
- When changing your bedsheets, please immediately wash, dry and store your bedding

Before departure:

- Empty all bins; see 'Recycling'
- · Leave bedsheets, towels, dishcloths in the bathroom
- Dispose of all objects/structures/materials; nothing should be left behind.
- · Leave bedsheets, towels, dishcloths in the bathroom

RECYCLING

L' Angolo (kitchen)

Pedal bin is for general (including organic) waste.

Recycling bags are clearly labeled. Plastic and metal go together. Bin bags are in kitchen drawers.

Il Museo (kitchen)

Bins under sink for general waste, paper, plastic. Bin bags are in kitchen drawers. Recycling bags are clearly labeled. Plastic and metal go together. Bin bags are in kitchen drawers.

External bins

The large containers at the end of the piazza in Collemacchia are marked: carta (paper), vetro (glass), plastica (plastic and metal) and the large green container is for all other waste.

Bins should be used sensitively, taking into consideration the needs of permanent residents. Please do not leave large items next to the containers as these will not be uplifted.

NOISE

Residents are expected to respect the general rule of thumb in Italy that no loud noise is produced after 22:00, both outside and inside the accommodation areas and studios. Local residents go to bed and get up quite early.

WEATHER

AccuWeather and Apple Weather are the most reliable weather apps.

GUESTS

If you would like to have (a) guest(s), please contact Tracy & Edwin prior to making any arrangements as a daily rate applies.

BREAKAGES and DAMAGES

Any breakages or damages should be reported immediately. The Museum of Loss and Renewal covers normal wear and tear.

KEYS

A charge of €25 per key will be made for lost/unreturned keys.

INSECTS

- Scorpions: before arrival in Collemacchia, make yourself aware of what to do in the event of a bite. Check shoes, bedsheets etc. regularly.
- Mosquitos; bring mosquito repellent.
- Ticks; check, especially after walks.

AMENITIES

Most close for siesta approx. 13:00-16:00pm. Some close on Wednesday afternoons

Bar (Caffè del Borgo), Filignano: (coffee, pastries, alcohol, ice-cream) Filignano's social space. Food Fri-Sun evenings.

<u>Taproom, Birrra Kashmir</u>, (behind the Bar), Via Milano snc, 86074 Filignano / 00 39 339 3603715

Butcher (Luigi's), Filignano: excellent fresh meat.

Chemist, Filignano: well stocked range of products.

Hotel (Le Ginestre), Filignano: restaurant/bar, football pitch, swimming pool (open end June – end Aug).

Mini Supermarket (Milena Verrecchia), Filignano, located inside Bar premises (will deliver to

Collemacchia)

Post Office, Filignano: open in mornings, avoid peak hours!

Town Hall (Comune di Filignano), Filignano piazza

Cash point, Pozzilli (10 mins by car/bus from Collemacchia): keep some cash to hand as e.g. thunder and lightning can cause card machines (in Bar, food shops etc.) to fail for short period.

Gelati (ice cream) in Venafro:

- Passicrate; Via Campania 35, 86079 Venafro.
- The bar and hotel In Filignano both sell fresh ice cream.

Hardware store; Nuova Ferramenta, Via delle Milizie, 86079 Venafro (town centre).

Hardware store; Izzi, Fai da Te (Do it Yourself), Viale San Nicandro 29, 86079 Venafro (outside town).

Market; Venafro, Wednesdays and Saturdays approx. 7-11am.

Supermarkets: Decò, Conad (Pozzilli and Venafro), MD Montaquila (opposite Centro

Commerciale I Melograni, S.S. 85 Roccaravindola)

RESTAURANTS (selected)

- Bar (Caffè del Borgo), Filignano (Fri-Sun evenings)
- Due Palme, Pozzilli.
- Mó Mó, Pozzilli.
- La Tiana, Cerasuolo.
- Punto Molise, Montaquila.
- Il Giardinetto del Volturno, Montaquila.
- Casa Pleiadi (Centro Enogastronomica Culturale), San' Agapito.
- · Eleven Club, Venafro.
- · Antico Borgo, Venafro.
- · Cascina Le Noci, Venafro.
- · Sapori Miei, Vairano Patenora.

RELIGIOUS CENTRES and PLACES OF WORSHIP

- Catholic Church; Parrocchia Della Ss. Concezione, Filignano.
- Evangelical/Protestant Churches: Chiesa Cristiana Evangelica and Chiesa Apostolica, Venafro.
- Mosque: Centro Islamico Culturale 'La Luce', Cassino.
- Synagogue: Sinagoga di Napoli, Naples.

SWIMMING, GOLF and HORSE RIDING

- Le Ginestre Hotel, Filignano: outdoor swimming pool. Approx. €5, plus small charge for sun loungers. A swimming cap must be worn; buy at the pool.
- Hotel Dora, Venafro has three pools: large with diving board, small pool, 'baby' pool. Between €5-10, no additional charge for sun loungers.
- Los Cocos, Venafro: child/family focussed pool.

- Lago di Castel San Vincenzo. Large lake, with small café/bar, horse riding and lodges for overnight stay. (45mins by car from Collemacchia).
- Varvarusa Golf Club: walking distance from Filignano.

WALKING / HIKING

Collemacchia and the nearby mountains are fantastic for walking. An extensive network of foot paths will take you across remarkable terrain to wonderful sites, structures and views. On shorter walks, trainers or trail shoes are fine but hiking boots are required for longer and more difficult walks and to go higher up the mountains.

You can find a map of the routes in your accommodation; walking routes indicated by red/white stripes.

- Use sticks: good for steep and overgrown ground, and striking the ground keeps animals away. The National Park cares for marsicano bears (rarely seen) and manages e.g. wild boar, wolves and deer (frequently seen).
- Essential kit: hat, suncream, water (plenty), food, compass, whistle. Antihistamines, if required.
- Fragments of WWII artefacts such as shells can still occasionally be found lying in plain sight. Be extremely careful: do not touch as powder may be dry, so explosion is a real possibility.
- When undertaking long walks, notify someone of your route before you depart / leave a note in your accommodation.

See <u>parcoabruzzo.it</u> for more walking routes, locations of mountain huts and bivouacs etc.

MUSEUMS

- Museo Storico del Territorio: top floor, Primary School, Filignano.
 Museo Mario Lanza: top floor, Primary School, Filignano.
- War museums: in Cerasuolo and Scapoli vilages, and Venafro town.
- Museo Winterline Venafro: Palazzo De, Via De Utris, 86079 Venafro.
- Archaeological Museum / Museo Archeologico di Venafro, Venafro, Corso Garibaldi, 10, 86079 Venafro.
- National Museum of Castle Pandone: Via Tre Cappelle, 86079 Venafro.
- Palazzina Liberty (collection of agricultural artefacts, events) 86079 Venafro.
- Fondazione Molise Cultura, Via Milano 15, 86100 Campobasso.
- Bagpipe Museum, Scapoli.
- Marinelli Bronze Foundry and Museum (bells), Agnone.

ARCHEOLOGICAL SITES

- Anfiteatro romano di Venafro: Via delle Milizie, 1, 86079 Venafro.
- Parco Regionale dell'Olivo di Venafro.
- Teatro Sannita Pietrabbondante: Sannite building complex (4th C BC -), rebuilt by the Romans in the 2nd C BC (approx 50 mins by car).
- Area Archeologica di Saepinum: Altilia (Sepino), ancient Roman city in heart of Molise (approx 1hr by car).
- Herculaneum: Ercolano, Naples. Roman site affected by Vesuvius Volcano (approx 1 hr 30

- mins by car).
- Pompei: the most well-known of cities destroyed by the Vesuvius Volcano (approx 1hr 40 mins by road).

LOCAL EVENTS

- Caffè del Borgo: Filignano (run by Adua) regularly organises food events. Facebook @ caffedelborgofilignano / Instagram @caffe_del_borgo
- Pro Loco Mainarde: local group that organises walks, cultural events etc. Facebook @ prolocofilignano

NAPLES suggestions

- Cappella Sansevero
- Catacombs of San Gennaro
- <u>Herculaneum</u>: Ercolano, Naples. Roman site affected by Vesuvius Volcano (approx 1 hr 30 mins by car)
- Hosteria Masaniello: pizzeria with good reviews
- Museo e Real Bosco di Capodimonte: Italy's biggest art museum
- <u>Museo Archeologico Nazionale</u>: archeological museum
- Il Madre Museo d'arte contemporanea Donnaregina di Napoli: contemporary art museum
- Naples Botanical Garden
- Nam43: restaurant that celebrates neapolitan food
- Pompei: the most well-known of cities destroyed by the Vesuvius Volcano (approx 1hr 40 mins by road).

ROME suggestions

- Capitoline Museums
- Galleria Borghese
- MAXXI, National Museum of 21st Century Art
- MACRO, Museum of Contemporary Art of Rome
- National Gallery of Modern and Contemporary Art
- Spada Gallery
- Terme di Diocleziano
- Vatican Museums

TRAVEL, TRANSPORT and CAR HIRE

- Naples Airport (Capodichino Airport) / Ihr 25 mins drive to Collemacchia.
- Bus / Naples Airport Naples Central Train Station. <u>Alibus</u>
- Train / Naples Central Station Venafro Station (Venafro is 20 mins by road from Collemacchia) <u>Trenitalia</u>
- Rome Ciampino Airport / 1hr 50 mins drive to Collemacchia.
- Bus / Rome Ciampino Airport Rome Termini Train Station e.g. Sitbus
- Train / Rome Termini Train Station Venafro Station (Venafro is 20 mins by road from Collemacchia) Trenitalia
- Rome Fiumicino Airport / 2hr 20 mins drive to Collemacchia.
- Train / Rome Fiumicino Airport Rome Termini Train Station and Rome Tiburtina Train/Bus

Station Leonardo Express

- Bus / Rome Fiumicino Airport Rome Termini Train Station and Rome Tiburtina Train/Bus Station e.g. <u>Terravision</u> / <u>Sitbus</u>
- Train / Rome Termini Train Station and Rome Tiburtina Train Station Venafro Station (Venafro is 20 mins by road from
- Collemacchia) Trenitalia.

Intercity bus services to/from Venafro (Venafro is 20 mins by road from Collemacchia)
Regular services from/to e.g. Rome Fiumicino Airport, Rome, Naples with air conditioning and wifi ATM, Sati, Casna, Cerella

Car Hire at airports

Good service from e.g. Locauto, Herz, Sicily by Car – always check ratings and terms & conditions.

<u>Taxi + car hire in Filignano</u> (1km from Collemacchia)

Mauro Verrecchia

verrecchia.mauro@virgilio.it

00 39 340 71 94 085 (uses WhatsApp)

Office is on main street in Filignano, beside entrance to the Bar. Mauro only has one or two cars, so it is smart to book in advance.

<u>Taxi in Venafro</u> (Venafro is 20 mins by road from Collemacchia) <u>Umberto Cuzzi</u> / 00 39 368 3487036, Corso Campano 188, Venafro

Local bus service Filignano-Venafro-Filignano (daily except Sunday)

- Filignano-Venafro approx. 06:50, 07:45, 11:40
- Venafro-Filignano approx. 11:00, 13:30, 14:45

Bus stop is opposite Luigi's Butcher shop, Filignano. If in doubt about schedule, ask at Luigi's or at the Bar.

CONTACT

THE MUSEUM OF LOSS AND RENEWAL Via Collemacchia 17, 86074 Filignano (IS), Italy

Tracy 00 44 7446 934436 Edwin 00 39 350 578 48 47

(WhatsApp is commonly used to communicate).

<u>curators@themuseumoflossandrenewal.life</u> <u>Insta / @the.museum.of.loss.and.renewal</u> www.themuseumoflossandrenewal.life



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EMERGENCYSERVICES

Polizia* (general emergencies) (Soccorso Pubblico)	113
Medical Emergencies or ambulance (Ambulanza)	118
Fire Brigade (Vigili del Fuoco)	115
Accident & Emergency (Pronto Soccorso) 00 39 865 4 Isernia Hospital, Via S. Ippolito, 1 86170 Isernia. (approx. 30 mins by car from Collemacchia)	442035
Emergencies involving children (Telefono Azurro)	114
Pan-European Emergency Number	112
Assistance if your car breaks down (Socorso Stradale) NOT A FREE SERVICE	116
Report forest fires (Corpo Forestale del Stato)	1515

NEAREST POLICE STATION: Carabinieri, Filignano Building is situated on right, on main road, at entrance to Filignano village, from Collemacchia direction.

^{*}Italy has two police forces: the Polizia is the regular state police while the Carabinieri is part of the army.